

*The*  
**Little Book**  
*of*  
**Our Lady**  
*with*

*Texts for Meditation*

*arranged by*

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## The Use of the Rosary.

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THE ordinary Rosary of Our Lady as in use among Christians consists of fifty small beads, divided into "decades," or sets of ten, with a large bead between each set. The former indicate the *Hail Marys* and the latter the *Our Fathers*. Each decade is connected with one of the Mysteries of the life of our Lord and His Blessed Mother, and as there are fifteen of these Mysteries, the beads must be said three times over to complete the entire Rosary. Only the members of a few religious communities make the complete devotion, however. Devout persons who use the beads say the five decades, varying the Mysteries according to the day or season.

The Joyful Mysteries would naturally be used from the beginning of Advent until the Feast of the Purification; the Sorrowful Mysteries from Septuagesima when the Church sets out on the way to Calvary, until Easter Eve; and the Glorious Mysteries from Easter until the Octave of Corpus Christi. During the rest of the year they



may be varied as pious inclination may suggest.

Attached to the Rosary is a Cross, two large and three small beads, which are used for the preparatory prayers. The *Apostles' Creed* is usually said on the Cross, the *Our Father* on the first large bead, three *Hail Marys* on the small beads, and the *Gloria Patri* on the second large one. Then follow the Mysteries in their proper order, each being preceded by an *Our Father*, and followed by a *Gloria*.

All these prayers and invocations are, however, only what has been called "the body of the Rosary." Its soul, that which gives the devotion a spirit and life peculiar to itself, is the accompanying meditation on the life of our Lord and His Blessed Mother. The meditations are as a general rule quite informal, and are made while saying the prayers. A simple help is to insert in the *Hail Mary* after the Holy Name "Jesus," the announcement of the particular Mystery, or of some circumstance connected with it. For example, if one is meditating on the Nativity of our Lord, after the Holy Name might be said: "Who was born of a Virgin for love of me." Or this could be varied for each *Hail Mary*, as: "Who was laid in a manger for love of me," "Who received the worship of the shepherds," etc.



A method which has been adopted by many, and which is set forth in this book, is to repeat between the *Hail Marys* a verse of Scripture illustrative of the Mystery under consideration.

Beginners will need to guard themselves in their choice of subjects for meditation. It would be a mistake to allow a merely natural aptitude for meditation on certain of them to lead to the neglect of the others. We should not let the sweet mysteries of the Holy Childhood hold us back from entering upon those awful solemnities which culminated on Calvary; nor should these again keep us from pressing forward to the contemplation of the glorified Life of our Lord and His Saints.

There are many other arrangements of the Rosary that are in wide use. "The Chaplet of the Blessed Sacrament" in this book is prepared for use on Thursdays, and at other times, in honour of the Most Holy Sacrament of the Altar.

In conclusion we would say a word about the regularity of its use. One finds occasionally a person who says, "I tried it, but it did me no good"; but further inquiry almost always brings out the fact that the trial was spasmodic and therefore necessarily unfruitful. If we wish to use the Rosary, let us first decide just how often we can say it,



and then be very careful to be faithful. It is perhaps best at first not to attempt it every day. Twice a week, besides Sundays and festivals, would be a good beginning. Above all things let us not begin with the idea that we are testing *it*. The Rosary is not on trial; it was tested and its place as a Christian devotion assigned it many centuries ago by men and women immeasurably holier and wiser than we are. Our thought should be quite the reverse, namely, that we are on trial; that God is giving us a new opportunity to realize the great Mysteries of the Faith with a vividness which perhaps we never knew before, and that to endure the test successfully we have to improve this opportunity with all the powers of intellect, affections, and will. If we are regular and humble, our case will surely be exceptional if it does not prove a great spiritual blessing.



## *Common Forms*

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**O**UR FATHER, Who art in Heaven, Hallowed by Thy Name. Thy Kingdom come. Thy will be done on earth, as it is in Heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. Amen.

Hail Mary, full of grace, the Lord is with thee: Blessed art thou among women; and blessed is the Fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death. Amen.

Glory be to the Father, and to the Son, and to the Holy Ghost: As it was in the beginning, is now and ever shall be, world without end. Amen.

O Saviour of the world, Who by Thy Cross and Precious Blood hast redeemed us: Save us and help us, we humbly beseech Thee, O Lord.



## *Preface*

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**T**HIS manual has been found helpful by a number of devout persons among whom it has been circulated in MS. It is now put forth for general use with the hope and prayer that, by the guidance of the Holy Ghost, it may lead others to a fuller appreciation of those Mysteries of the life of our Blessed Lord and His Holy Mother which have been so well compared to the fifteen steps which led the worshipper in God's Temple of old up toward the Holy of Holies.

The texts selected are those which the Saints of many centuries have used in meditating on these mysteries of God. Those from the Old Testament are the type or prophecy, and those from the New, the fulfillment, of the truths to be considered.

S. C. H.



*The Little Book of  
Our Lady*



*In Union with  
The Blessed Mother  
in Her Love  
of The Holy Child.*



*A Chaplet of  
The Blessed Sacrament*



*In Reparation  
to The Heart of Jesus,  
Wounded for Our Transgressions,  
Pierced for Our Sins,  
Yet Loving Us Still.*



## *The Joyful Mysteries*

### I.

#### *The Annunciation*

##### OUR FATHER.

- 1 Behold a virgin shall conceive and bear a son. Of the increase of His government and peace there shall be no end, upon the throne of David, and upon his kingdom.  
—*Isa. 7:14 and 9:7.*

##### HAIL MARY.

- 2 The angel came in unto her and said, Hail, thou that are highly favoured, the Lord is with thee: blessed art thou among women.—*St. Luke 1:28.*

##### HAIL MARY.

- 3 When she saw him she was troubled at his saying, and cast in her mind what manner of salutation this should be.  
—*St. Luke 1:29.*

##### HAIL MARY.



- 4 Fear not, Mary, for thou hast found favour with God; and behold thou shalt conceive in thy womb and bring forth a Son, and shalt call His Name Jesus.

—*St. Luke 1:30-31.*

HAIL MARY.

- 5 He shall be great, and shall be called the Son of the Highest, and the Lord God shall give unto Him the throne of His father David.—*St. Luke 1:32.*

HAIL MARY.

- 6 And He shall reign over the house of Jacob forever, and of His kingdom there shall be no end.—*St. Luke 1:33.*

HAIL MARY.

- 7 Then said Mary unto the angel, How shall this be, seeing I know not a man?

—*St. Luke 1:34.*

HAIL MARY.

- 8 The Holy Ghost shall come upon thee, and the power of the Highest shall overshadow thee; therefore also that Holy Thing which shall be born of thee shall be called the Son of God.—*St. Luke 1:35.*

HAIL MARY.



9 Behold the handmaid of the Lord, be it unto me according to thy word.

—*St. Luke 1:38.*

HAIL MARY.

10 And the Word was made Flesh and dwelt among us.—*St. John 1:14.*

HAIL MARY.

GLORIA PATRI.

## II.

### *The Visitation*

OUR FATHER.

1 And Mary arose in those days, and went into the hill country with haste into a city of Juda, and entered into the house of Zacharias, and saluted Elisabeth.

—*St. Luke 1:39-40.*

HAIL MARY.

2 When Elisabeth heard the salutation of Mary, the babe leaped in her womb, and Elisabeth was filled with the Holy Ghost.

—*St. Luke 1:41.*

HAIL MARY.



- 3 And she spake out with a loud voice and said, Blessed art thou among women, and blessed is the Fruit of thy womb.

—*St. Luke 1:42.*

HAIL MARY.

- 4 And whence is this to me, that the mother of my Lord should come to me? For lo, as soon as the voice of thy salutation sounded in mine ears, the babe leaped in my womb for joy.—*St. Luke 1:43-44.*

HAIL MARY.

- 5 And Mary said, My soul doth magnify the Lord, and my spirit hath rejoiced in God my Saviour.—*St. Luke 1:46-47.*

HAIL MARY.

- 6 For He hath regarded the lowliness of His handmaiden, for behold from henceforth all generations shall call me blessed.

—*St. Luke 1:48.*

HAIL MARY.

- 7 For He that is mighty hath magnified me, and Holy is His Name; and His mercy is on them that fear Him throughout all generations.—*St. Luke 1:49-50.*

HAIL MARY.



- 8 He hath shewed strength with His arm;  
He hath scattered the proud in the imagination of their hearts; He hath put down the mighty from their seat, and hath exalted the humble and meek.

—*St. Luke 1:51-52.*

HAIL MARY.

- 9 He hath filled the hungry with good things;  
and the rich He hath sent empty away.

—*St. Luke 1:53.*

HAIL MARY.

- 10 He remembering His mercy hath holpen His servant Israel, as He promised to our forefathers, Abraham and his seed forever.—*St. Luke 1:54-55.*

HAIL MARY.

GLORIA PATRI.

### III.

#### *The Nativity*

OUR FATHER.

- 1 Joseph went up from Galilee out of the city of Nazareth into Judæa, unto the city of David, which is called Bethlehem, because he was of the house and lineage of



David; to be taxed with Mary, his espoused wife being great with child.

—*St. Luke 2:4-5.*

HAIL MARY.

- 2 And she brought forth her firstborn Son, and wrapped Him in swaddling clothes, and laid Him in a manger because there was no room for them in the inn.

—*St. Luke 2:7.*

HAIL MARY.

- 3 And there were in the same country shepherds abiding in the field, keeping watch over their flocks by night. And, lo, the angel of the Lord came upon them, and the glory of the Lord shone round about them, and they were sore afraid.

—*St. Luke 2:8-9.*

HAIL MARY.

- 4 Fear not, for behold, I bring you good tidings of great joy which shall be to all people; for unto you is born this day in the city of David a Saviour which is Christ the Lord.—*St. Luke 2:10-11.*

HAIL MARY.



- 5 And suddenly there was with the angel a multitude of the heavenly host praising God and saying, Glory to God in the highest, and on earth peace, good will towards men.—*St. Luke 2:13-14.*

HAIL MARY.

- 6 Let us now go even unto Bethlehem, and see this thing which is come to pass which the Lord hath made known unto us. And they came with haste, and found Mary and Joseph, and the Babe lying in a manger.—*St. Luke 2:15-16.*

HAIL MARY.

- 7 Oh that one would give me drink of the water of the well of Bethlehem that is at the gate! And the three brake through the hosts of the Philistines and drew water out of the well of Bethlehem.

—*1 Chron. 11:17-18.*

HAIL MARY.

- 8 Behold, there came wise men from the east to Jerusalem, saying, Where is He that is born King of the Jews? for we have seen His star in the east, and are come to worship Him.—*St. Matt. 2:1-2.*

HAIL MARY.



- 9 And lo, the star which they saw in the east went before them till it came and stood over where the young child was. When they saw the star they rejoiced with exceeding great joy.—*St. Matt. 2:9-10.*

HAIL MARY.

- 10 And when they had opened their treasures, they presented unto Him gifts, gold and frankincense and myrrh.

—*St. Matt. 2:11.*

HAIL MARY.

GLORIA PATRI.

## IV.

### *The Presentation*

OUR FATHER.

- 1 They brought Him to Jerusalem to present Him to the Lord.—*St. Luke 2:22.*

HAIL MARY.

- 2 And behold there was a man in Jerusalem whose name was Simeon, and the same man was just and devout, waiting for the consolation of Israel, and the Holy Ghost was upon him.—*St. Luke 2:25.*

HAIL MARY.



- 3 And it was revealed unto him by the Holy Ghost that he should not see death before he had seen the Lord's Christ.

—*St. Luke 2:26.*

HAIL MARY.

- 4 And when the parents brought in the Child Jesus to do for Him after the custom of the law, then took he Him up in his arms and blessed God.—*St. Luke 2:27-28.*

HAIL MARY.

- 5 Lord, now lettest Thou Thy servant depart in peace according to Thy word.

—*St. Luke 2:29.*

HAIL MARY.

- 6 For mine eyes have seen Thy Salvation, which Thou hast prepared before the face of all people to be a Light to lighten the Gentiles, and to be the Glory of Thy people Israel.—*St. Luke 2:30-32.*

HAIL MARY.

- 7 I will make Him a sign and a proverb, and I will cut Him off from the midst of My people.—*Ezek. 14:8.*

HAIL MARY.



- 8 Simeon blessed them, and said unto Mary His Mother, Behold this Child is set for the fall and rising again of many in Israel, and for a sign which shall be spoken against; yea, a sword shall pierce through thine own soul also; that the thoughts of many hearts may be revealed.

—*St. Luke 2:34-35.*

HAIL MARY.

- 9 And there was one Anna, a prophetess ..... a widow of about fourscore and four years, which departed not from the temple, but served God with fastings and prayers night and day.

—*St. Luke 2:36-37.*

HAIL MARY.

- 10 And she coming in that instant gave thanks likewise unto the Lord, and spake of Him to all them that looked for redemption in Jerusalem.—*St. Luke 2:38.*

HAIL MARY.

GLORIA PATRI.



## V.

### *The Finding in the Temple*

#### OUR FATHER.

- 1 When He was twelve years old, they went up to Jerusalem after the custom of the feast.—*St. Luke 2:42.*

#### HAIL MARY.

- 2 As they returned the Child Jesus tarried behind in Jerusalem, and Joseph and His Mother knew not of it.—*St. Luke 2:43.*

#### HAIL MARY.

- 3 But they supposing Him to have been in the company, went a day's journey and they sought Him among their kinsfolk and acquaintance.—*St. Luke 2:44.*

#### HAIL MARY.

- 4 And when they found Him not, they turned back again to Jerusalem seeking Him.—*St. Luke 2:45.*

#### HAIL MARY.

- 5 After three days they found Him in the temple, sitting in the midst of the doctors, both hearing them and asking them questions.—*St. Luke 2:46.*

#### HAIL MARY.



- 6 And all that heard Him were astonished at His understanding and answers.

—*St. Luke 2:47.*

HAIL MARY.

- 7 Son, why hast Thou thus dealt with us? Behold Thy Father and I have sought Thee sorrowing.—*St. Luke 2:48.*

HAIL MARY.

- 8 How is it that ye sought Me? Wist ye not that I must be about My Father's business?—*St. Luke 2:49.*

HAIL MARY.

- 9 And they understood not the saying which He spake unto them.—*St. Luke 2:50.*

HAIL MARY.

- 10 And He went down with them and came to Nazareth, and was subject unto them; but His Mother kept all these sayings in her heart.—*St. Luke 2:51.*

HAIL MARY.

GLORIA PATRI.



## *The Sorrowful Mysteries*

### I.

#### *The Agony*

##### OUR FATHER.

- 1 Then cometh Jesus with them unto a place called Gethsemane, . . . and He took with Him Peter and the two sons of Zebedee, and began to be sorrowful and very heavy.—*St. Matt. 26:36-37.*

##### HAIL MARY.

- 2 My soul is exceeding sorrowful even unto death: tarry ye here and watch with Me.—*St. Matt. 26:38.*

##### HAIL MARY.

- 3 And He kneeled down and prayed, saying, Father, if Thou be willing, remove this cup from Me.—*St. Luke 22:41-42.*

##### HAIL MARY.



- 4 Nevertheless not My will, but Thine be done. And there appeared an angel unto Him from Heaven strengthening Him.

—*St. Luke 22:42-43.*

HAIL MARY.

- 5 And being in an agony He prayed more earnestly; and His sweat was as it were great drops of blood, falling down to the ground.—*St. Luke 22:44.*

HAIL MARY.

- 6 And He cometh unto the disciples, and findeth them asleep, and saith unto Peter, What, could ye not watch with Me one hour?—*St. Matt. 26:40.*

HAIL MARY.

- 7 O My Father, if this cup may not pass away from Me except I drink it, Thy will be done.—*St. Matt. 26:42.*

HAIL MARY.

- 8 And He came and found them asleep again, for their eyes were heavy. And He left them and went away again, and prayed the third time, saying the same words.—*St. Matt. 26:43-44.*

HAIL MARY.



9 And He cometh the third time, and saith unto them, Sleep on now and take your rest, it is enough, the hour is come.

—*St. Mark 14:41.*

HAIL MARY.

10 Behold the Son of Man is betrayed into the hands of sinners. Rise up, let us go; lo, he that betrayeth Me is at hand.

—*St. Mark 14:41-42.*

HAIL MARY.

GLORIA PATRI.

## II.

### *The Scourging*

OUR FATHER.

1 Then Pilate therefore took Jesus and scourged Him.—*St. John 19:1.*

HAIL MARY.

2 I will smite the Shepherd and the sheep of the flock shall be scattered abroad.

—*St. Matt. 26:31.*

HAIL MARY.



- 3 Surely He hath borne our griefs and carried our sorrows: yet we did esteem Him stricken, smitten of God, and afflicted.

—*Isa. 53:4.*

HAIL MARY.

- 4 The chastisement of our peace was upon Him, and with His stripes we are healed.

—*Isa. 53:5.*

HAIL MARY.

- 5 He was cut off out of the land of the living; for the transgression of my people was He stricken.—*Isa. 53:8.*

HAIL MARY.

- 6 He giveth His cheek to him that smiteth Him; He is filled full of reproach.

—*Lam. 3:30.*

HAIL MARY.

- 7 They have smitten Me upon the cheek reproachfully; they have gathered themselves together against me.—*Job 16:10.*

HAIL MARY.

- 8 I will chasten Him with the rod of men and with the stripes of the children of men.—*2 Sam. 7:14.*

HAIL MARY.



- 9 I gave My back to the smiters, and My cheeks to them that plucked off the hair: I hid not My face from shame and spitting.  
—*Isa. 50:6.*

HAIL MARY.

- 10 Thou shalt smite the Rock, and there shall come water out of it, that the people may drink.—*Exod. 17:6.*

HAIL MARY.

GLORIA PATRI.

### III.

#### *The Crowning with Thorns*

OUR FATHER.

- 1 Go forth, O ye daughters of Zion, and behold King Solomon with the crown wherewith His mother crowned Him in the day of his espousals and in the day of the gladness of His heart.—*Cant. 3:11.*

HAIL MARY.

- 2 As the lily among thorns so is my Love among the daughters.—*Cant. 2:2.*

HAIL MARY.



- 3 And Thou, Son of Man, be not afraid of them, neither be afraid of their words, though briers and thorns be with Thee.

—*Ezek. 2:6.*

HAIL MARY.

- 4 A crown was given unto Him, and He went forth conquering and to conquer.

—*Rev. 6:2.*

HAIL MARY.

- 5 When they had platted a crown of thorns, they put it upon His head, and a reed in His right Hand.—*St. Matt. 27:29.*

HAIL MARY.

- 6 And they bowed the knee before Him and mocked Him, saying, Hail, King of the Jews, and they spit upon Him, and took the reed and smote Him on the Head.

—*St. Matt. 27:29-30.*

HAIL MARY.

- 7 Then came Jesus forth wearing the crown of thorns, and the purple robe; and Pilate saith unto them, Behold the Man!

—*St. John 19:5.*

HAIL MARY.



- 8 He saith unto the Jews, Behold your King!  
But they cried out, Away with Him,  
Away with Him, Crucify Him.

—*St. John 19:14-15.*

HAIL MARY.

- 9 Pilate saith unto them, Shall I crucify  
your King? The chief priests answered,  
We have no king but Cæsar!

—*St. John 19:15.*

HAIL MARY.

- 10 Instead of the thorn shall come up the  
fir-tree; and instead of the brier shall come  
up the myrtle tree; and it shall be to the  
Lord for a name, for an everlasting sign  
that shall not be cut off.—*Isa. 55:13.*

HAIL MARY.

GLORIA PATRI.

#### IV.

### *The Bearing of the Cross*

OUR FATHER.

- 1 And Abraham took the wood of the burnt  
offering and laid it upon Isaac, his son.

—*Gen. 22:6.*

HAIL MARY.



- 2 And He bearing His Cross went forth into a place called the place of a skull.

—*St. John 19:17.*

HAIL MARY.

- 3 They laid hold upon one Simon, a Cyrenian, coming out of the country, and on him they laid the Cross that he might bear it after Jesus.—*St. Luke 23:26.*

HAIL MARY.

- 4 Behold a ladder set up on the earth, and the top of it reached to Heaven.

—*Gen. 28:12.*

HAIL MARY.

- 5 The Lord shewed him a Tree which when he had cast into the waters, the waters were made sweet.—*Exod. 15:25.*

HAIL MARY.

- 6 Therefore do men commit their lives to a small piece of wood, and passing the rough sea in a weak vessel are saved.

—*Wisd. 14:5.*

HAIL MARY.

- 7 Blessed is the wood whereby righteousness cometh.—*Wisd. 14:7*

HAIL MARY.



- 8 He that taketh not his cross and followeth after Me, is not worthy of Me.

—*St. Matt. 10:38.*

HAIL MARY.

- 9 In the midst of the street of it, and on either side of the river was there the Tree of Life which bare twelve manner of fruits and yielded her fruit every month; and the leaves of the Tree were for the healing of the nations.—*Rev. 22:2.*

HAIL MARY.

- 10 God forbid that I should glory save in the Cross of our Lord Jesus Christ.

—*Gal. 6:14.*

HAIL MARY.

GLORIA PATRI.

V.

### *The Crucifixion*

OUR FATHER.

- 1 And when they were come to the place which is called Calvary, there they crucified Him.—*St. Luke 23:33.*

HAIL MARY.



- 2 Then said Jesus, Father forgive them, for they know not what they do.

—*St. Luke 23:34.*

HAIL MARY.

- 3 They parted My garments among them, and upon My vesture did they cast lots.

—*St. Matt. 27:35.*

HAIL MARY.

- 4 And Pilate wrote a title and put it on the Cross. And the writing was, Jesus of Nazareth, the King of the Jews.

—*St. John 19:19.*

HAIL MARY.

- 5 And with Him they crucify two thieves, the one on His right Hand and the other on His left. And the scripture was fulfilled which saith, And He was numbered with the transgressors.

—*St. Mark 15:27-28.*

HAIL MARY. •

- 6 Lord, remember me when Thou comest into Thy Kingdom. . . . Verily, I say unto thee, To-day shalt thou be with Me in Paradise.—*St. Luke 23:42-43.*

HAIL MARY.



- 7 He saith unto His Mother, Woman, Behold thy son. Then saith He to the disciple, Behold thy Mother.—*St. John 19:26-27.*

HAIL MARY.

- 8 About the ninth hour Jesus cried with a loud voice saying, Eli, Eli, lama sabachthani? that is to say, My God, My God, why hast Thou forsaken Me?

—*St. Matt. 27:45-46.*

HAIL MARY.

- 9 Jesus knowing that all things were now accomplished, that the scripture might be fulfilled saith, I thirst. Now there was set a vessel full of vinegar. . . . When Jesus therefore had received the vinegar, He said, It is finished.—*St. John 19:28-30.*

HAIL MARY.

- 10 When Jesus had cried with a loud voice, He said, Father, into Thy Hands I commend My Spirit; and having said thus, He gave up the ghost.—*St. Luke 23:46.*

HAIL MARY.

GLORIA PATRI.



# *The Glorious Mysteries*

## I.

### *The Resurrection*

OUR FATHER.

- 1 The Lord awaked as one out of sleep, and like a giant refreshed with wine.

—*Ps. 78:66.*

HAIL MARY.

- 2 The angel of the Lord descended from Heaven, and came and rolled back the stone from the door.—*St. Matt. 28:2.*

HAIL MARY.

- 3 The first day of the week cometh Mary Magdalene early when it was yet dark, unto the sepulchre, and seeth the stone taken away.—*St. John 20:1.*

HAIL MARY.

- 4 Why seek ye the living among the dead? He is not here, but is risen.

—*St. Luke 24:5-6.*

HAIL MARY.



- 5 Behold Jesus met them, saying, All hail!  
And they came and held Him by the feet  
and worshipped Him.—*St. Matt. 28:9.*

HAIL MARY.

- 6 Mary stood without at the sepulchre  
weeping, and seeth two angels in white.  
. . . They say unto her, Woman, why  
weepest thou? She saith unto them, Be-  
cause they have taken away my Lord,  
and I know not where they have laid  
Him.—*St. John 20:11-13.*

HAIL MARY.

- 7 She turned herself back, and saw Jesus  
standing, and knew not that it was Jesus.  
Jesus saith unto her, Woman, why weepest  
thou?—*St. John 20:14-15.*

HAIL MARY.

- 8 She, supposing Him to be the gardener,  
saith unto Him, Sir, if thou have borne  
Him hence, tell me where thou hast laid  
Him, and I will take Him away. Jesus  
saith unto her, Mary. She turned herself  
and saith unto Him, Rabboni, which is to  
say, Master.—*St. John 20:15-16.*

HAIL MARY.



9 Jesus saith unto her, Touch Me not, for I am not yet ascended to My Father.

—*St. John 20:17.*

HAIL MARY.

10 I am He that liveth and was dead; and behold, I am alive for evermore. Amen.

—*Rev. 1:18.*

HAIL MARY.

GLORIA PATRI.

## II.

### *The Ascension*

OUR FATHER.

1 The Lord said unto my Lord, Sit Thou on My right hand until I make Thine enemies Thy footstool.—*Ps. 110:1.*

HAIL MARY.

2 He found Elisha, the son of Shaphat, and Elijah passed by him and cast his mantle upon him.—*I Kings 19:19.*

HAIL MARY. •

3 There appeared a chariot of fire and horses of fire, and parted them both asunder, and Elijah went up by a whirlwind into Heaven.—*2 Kings 2:11.*

HAIL MARY.



- 4 Peace be unto you; as My Father hath sent Me, even so send I you.

—*St. John 20:21.*

HAIL MARY.

- 5 While He blessed them He was parted from them, and carried up into Heaven.

—*St. Luke 24:51.*

HAIL MARY.

- 6 This same Jesus which is taken up from you into Heaven shall so come in like manner as ye have seen Him go into Heaven.—*Acts 1:11.*

HAIL MARY.

- 7 Thou art gone up on high, Thou hast led captivity captive, and received gifts for men.—*Ps. 68:18.*

HAIL MARY.

- 8 God is gone up with a merry noise, and the Lord with the sound of the trump.

—*Ps. 47:5.*

HAIL MARY.

- 9 Lift up your heads, O ye gates, and be ye lift up, ye everlasting doors, and the King of glory shall come in.—*Ps. 24:7.*

HAIL MARY.



- 10 Christ is not entered into the Holy Places made with hands which are the figures of the true; but into Heaven itself, now to appear in the presence of God for us.  
—*Heb. 9:24.*

HAIL MARY.

GLORIA PATRI.

### III.

#### *The Descent of the Holy Ghost*

OUR FATHER.

- 1 I will pour out My spirit upon all flesh, and your sons and your daughters shall prophesy; your old men shall dream dreams, your young men shall see visions.  
—*Joel 2:28.*

HAIL MARY.

- 2 I will pray the Father, and He shall give you another Comforter, that He may abide with you forever, even the Spirit of truth.—*St. John 14:16-17.*

HAIL MARY.



- 3 He commanded them that they should not depart from Jerusalem, but wait for the promise of the Father, which, saith He, ye have heard of Me.—*Acts 1:4.*

HAIL MARY.

- 4 John truly baptized with water, but ye shall be baptized with the Holy Ghost not many days hence.—*Acts 1:5.*

HAIL MARY.

- 5 Ye shall receive power after that the Holy Ghost is come upon you, and ye shall be witnesses unto Me both in Jerusalem and all Judæa, and in Samaria, and unto the uttermost part of the earth.  
—*Acts 1:8.*

HAIL MARY.

- 6 When the day of Pentecost was fully come, they were all with one accord in one place. And suddenly there came a sound from Heaven as of a rushing mighty wind.—*Acts 2:1-2.*

HAIL MARY.

- 7 And it filled all the house where they were sitting. And there appeared unto them cloven tongues like as of fire, and it sat upon each of them.—*Acts 2:2-3.*

HAIL MARY.



- 8 And they were all filled with the Holy Ghost, and began to speak with other tongues, as the Spirit gave them utterance.—*Acts 2:4.*

HAIL MARY.

- 9 Behold, are not all these which speak Galilæans? . . . We do hear them speak in our tongues the wonderful works of God.—*Acts 2:7, 11.*

HAIL MARY.

- 10 The Spirit of the Lord shall rest upon him, the Spirit of wisdom and understanding, the Spirit of counsel and might, the Spirit of knowledge and of the fear of the Lord.—*Isa. 11:2.*

HAIL MARY.

GLORIA PATRI.

#### IV. •

#### *The Assumption B. V. M.*

OUR FATHER.

- 1 Who is this that cometh up from the wilderness leaning upon her Beloved?  
—*Cant. 8:5.*

HAIL MARY.



- 2 I am the Mother of fair Love, and fear  
and knowledge and holy hope. . . . My  
Memorial is sweeter than honey, and  
mine Inheritance than the honeycomb.

—*Ecclus. 24:18, 20.*

HAIL MARY.

- 3 O Virgin most prudent, whither goest  
thou? Shining exceeding brightly like the  
day spring? Daughter of Sion, thou art all  
comely and sweet, fair as the moon,  
bright as the sun.—*Antiphon in Festival.*

HAIL MARY.

- 4 That I may dwell in the house of the  
Lord all the days of my life, to behold  
the fair beauty of the Lord and to visit  
His Temple.—*Ps. 27:4.*

HAIL MARY.

- 5 In the holy Tabernacle I served before  
Him and so was I established in Sion.

—*Ecclus. 24:10.*

HAIL MARY.

- 6 I was exalted like a cedar in Libanus, and  
as a cypress tree upon the mountains of  
Hermon.—*Ecclus. 24:13.*

HAIL MARY.



7 I was exalted like a palm-tree in Engaddi,  
and a rose-plant in Jericho, as a fair  
olive-tree in a pleasant field.

—*Ecclus. 24:14.*

HAIL MARY.

8 In the beloved city He gave me rest, and  
in Jerusalem was my power.

—*Ecclus. 24:11.*

HAIL MARY.

9 The King rose up to meet her and sat  
down on His Throne, and caused a seat  
to be set for the King's Mother, and she  
sat on His right hand.—*1 Kings 2:19.*

HAIL MARY.

10 And the King said unto her, Ask on, My  
Mother, for I will not say thee nay.

—*1 Kings 2:20.*

HAIL MARY.

GLORIA PATRI.

V:

*The Coronation B. V. M.*

OUR FATHER.

1 There appeared a great wonder in Heaven;  
a woman clothed with the sun, and the



moon under her feet, and upon her head a crown of twelve stars.—*Rev. 12:1.*

HAIL MARY.

- 2 The King . . . commanded to bring the Queen before Him with the crown royal.  
—*Esther 1:10-11.*

HAIL MARY.

- 3 Cast about thee a double garment of righteousness that cometh from God; and set a diadem on thine head of the glory of the Everlasting.—*Baruch 5:2.*

HAIL MARY.

- 4 Thou shalt also be a crown of glory in the hand of the Lord, and a royal diadem in the hand of thy God.—*Isa. 62:3.*

HAIL MARY.

- 5 She obtained grace and favour in His sight more than all the virgins; so that He sat the royal crown upon her head, and made her Queen.—*Esther 2:17.*

HAIL MARY.

- 6 The King gave unto the Queen all her desire whatsoever she asked.

—*1 Kings 10:13.*

HAIL MARY.



- 7 I put a jewel on thy forehead, and a beautiful crown upon thine head.

—*Ezek. 16:12.*

HAIL MARY.

- 8 Be thou faithful unto death, and I will give thee a crown of life.—*Rev. 2:10.*

HAIL MARY.

- 9 There is laid up for me a crown of righteousness which the Lord, the righteous Judge, shall give me at that day; and not to me only, but unto all them also that love His appearing—*I Tim. 4:8.*

HAIL MARY.

- 10 Unto Him that loved us, and washed us from our sins in His own Blood, and hath made us kings and priests unto God and His Father: to Him be glory and dominion forever and ever. Amen.—*Rev. 1:5-6.*

HAIL MARY.

GLORIA PATRI.



# *A Chaplet of The Blessed Sacrament*

## I.

### *Type and Fulfilment*

*(Meditate upon the joy of the Blessed Sacrament as shadowed forth in type, and realized in fulfilment.)*

#### OUR FATHER.

- 1 Thou hast put gladness in my heart since the time that their corn and wine and oil increased.—*Ps. 4:8.*

#### O SAVIOUR.

- 2 There shall be an heap of corn in the earth high upon the hills; His fruit shall shake like Libanus, and shall be green in the city like grass upon the earth.  
—*Ps. 72:16.*

#### O SAVIOUR.

- 3 Melchizedek, King of Salem, brought forth bread and wine: and he was the priest of the most high God.  
—*Gen. 14:18.*

#### O SAVIOUR.



- 4 And all countries came into Egypt to Joseph for to buy corn; because that the famine was so sore in all lands.—*Gen. 41:57.*

O SAVIOUR.

- 5 She kept fast by the maidens of Boaz to glean unto the end of barley harvest and of wheat harvest.—*Ruth 2:23.*

O SAVIOUR.

- 6 They said one to another, It is manna, for they wist not what it was. And Moses said unto them, This is the bread which the Lord hath given you to eat.

—*Exod. 16:15.*

O SAVIOUR.

- 7 He rained down manna also upon them for to eat, and gave them food from heaven; so man did eat angel's food for He sent them meat enough.—*Ps. 78:25-26.*

O SAVIOUR.

- 8 Labour not for the meat which perisheth, but for that Meat which endureth unto everlasting life, which the Son of man shall give unto you, for Him hath the Father sealed.—*St. John 6:27.*

O SAVIOUR.



- 9 Whosoever drinketh of the water that I shall give him shall never thirst; but the water that I shall give him shall be in him a well of water springing up into everlasting life.—*St. John 4:14.*

O SAVIOUR.

- 10 Give me this water that I thirst not, neither come hither to draw.

—*St. John 4:15.*

O SAVIOUR.

GLORIA PATRI.

## II.

### *The Sacrifice*

(Meditate upon the great sacrificial act of the Mass wherein the Body and Blood of the Lamb of God is offered to the Father as a propitiation for the sins of the world.)

OUR FATHER.

- 1 From the rising of the sun even unto the going down of the same My Name shall be great among the Gentiles, and in every place incense shall be offered unto My Name, and pure Offering.—*Mal. 1:11.*

O SAVIOUR.



2 Gather yourselves on every side to My Sacrifice that I do sacrifice for you even a great Sacrifice upon the mountains of Israel, that ye may eat Flesh and drink Blood.—*Ezek. 39:17.*

O SAVIOUR.

3 Now shall He lift up mine head above mine enemies round about me; therefore will I offer in His dwelling an Oblation with great gladness.—*Ps. 27:6-7.*

O SAVIOUR.

4 When any will offer a meat offering unto the Lord his offering shall be of fine flour, and he shall pour oil upon it, and put frankincense thereon.—*Lev. 2:1.*

O SAVIOUR.

5 All the people of the land shall give this Oblation for the Prince in Israel.  
—*Ezek. 45:16.*

O SAVIOUR.

6 Thou shalt sanctify him therefore, for he offereth the Bread of thy God; he shall be holy unto thee.—*Lev. 21:8.*

O SAVIOUR.

7 In the day of Thy power shall Thy people offer Thee free-will offerings with an holy worship.—*Ps. 110:3.*

O SAVIOUR.



8 God is the Lord Who hath shewed us light; bind the sacrifice with cords, yea, even unto the horns of the altar.

—*Ps. 118:27.*

O SAVIOUR.

9 I will offer to Thee the Sacrifice of thanksgiving, and will call upon the Name of the Lord.—*Ps. 116:15.*

O SAVIOUR.

10 The Bread that I will give is My Flesh, which I will give for the life of the world.

—*St. John 6:51.*

O SAVIOUR.

GLORIA PATRI.

### III.

#### *The Holy Liturgy*

*(Meditate upon the beauty of holiness, and the glory of the worship of the most high God.)*

OUR FATHER.

1 As fire and incense in the censer, and as a vessel of beaten gold, set with all manner of precious stones.—*Ecclus. 50:9.*

O SAVIOUR.



- 2 When He put on the robe of honour, and was clothed with the perfection of glory, when He went up to the holy altar, He made the garment of holiness honourable.  
—*Ecclus. 50:11.*

O SAVIOUR.

- 3 When He took the portions out of the priests' hands, He himself stood by the hearth of the altar, compassed with His brethren round about.—*Ecclus. 50:12.*

O SAVIOUR.

- 4 So were all the sons of Aaron in their glory, and the oblations of the Lord in their hands, before all the congregation of Israel.—*Ecclus. 50:13.*

O SAVIOUR.

- 5 He stretched out His hand to the cup, and poured of the blood of the grape, He poured out at the foot of the altar a sweet smelling savour unto the Most High King of all.—*Ecclus. 50:15.*

O SAVIOUR.

- 6 Then shouted the sons of Aaron and sounded the silver trumpets, and made a great noise to be heard for a remembrance before the Most High.—*Ecclus. 50:16.*

O SAVIOUR.



- 7 Then all the people together hasted and fell down to the earth upon their faces to worship their Lord God Almighty, the Most High.—*Ecclus 50:17*.

O SAVIOUR.

- 8 And the people besought the Lord, the most High, by prayer before Him that is merciful, till the solemnity of the Lord was ended, and they had finished His service.—*Ecclus. 50:19*.

O SAVIOUR.

- 9 Then He went down and lifted up His hands over the whole congregation of the children of Israel, to give the blessing of the Lord with His lips, and to rejoice in His Name.—*Ecclus. 50:20*.

O SAVIOUR.

- 10 And they bowed themselves down to worship the second time that they might receive a blessing from the Most High.

—*Ecclus. 50:21*.

O SAVIOUR.

GLORIA PATRI.



## IV.

### *The Holy Communion*

(Meditate upon the Sacred Banquet wherein Christ is received; rejoicing and giving thanks unto Him who hath fed His people with the finest wheat flour, and with honey out of the stony rock hath satisfied them.)

#### OUR FATHER.

- 1 He brought me to the banqueting house, and His banner over me was love.

—*Cant.* 2:4.

#### O SAVIOUR.

- 2 I sat down under His shadow with great delight, and His fruit was sweet to my taste.—*Cant.* 2:3.

#### O SAVIOUR.

- 3 Eat, O friends, drink, yea, drink abundantly, O beloved.—*Cant.* 5:1.

#### O SAVIOUR.

- 4 Come, eat of My Bread and drink of the Wine which I have mingled; forsake the foolish and live, and go in the way of understanding.—*Prov.* 9:5-6.

#### O SAVIOUR.



- 5 I am the Bread of life, he that cometh to Me shall never hunger, and he that believeth on Me shall never thirst.

—*St. John 6:35.*

O SAVIOUR.

- 6 I am the living Bread which came down from Heaven; if any man eat of this Bread he shall live forever.—*St. John 6:51.*

O SAVIOUR.

- 7 Except ye eat the Flesh of the Son of Man and drink His Blood ye have no life in you. Whoso eateth My Flesh and drinketh My Blood hath eternal life, and I will raise him up at the last day.

—*St. John 6:53-54.*

O SAVIOUR.

- 8 My Flesh is Meat indeed, and My Blood is drink indeed. He that eateth My Flesh and drinketh My Blood dwelleth in Me, and I in him.—*St. John 6:55-56.*

O SAVIOUR.

- 9 The Cup of Blessing which we bless, is it not the Communion of the Blood of Christ? The Bread which we break, is it not the Communion of the Body of Christ?

—*1 Cor. 10:16.*

O SAVIOUR.



10 As often as ye eat this Bread, and drink this Cup, ye do shew the Lord's death till He come.—*I. Cor. 11:26.*

O SAVIOUR.

GLORIA PATRI.

V.

### *The Abiding Presence*

(Meditate with adoring love upon the abiding Presence of Jesus in the most Holy Sacrament, Who in His holy poverty veils beneath the Sacred Species the ineffable riches of His glory, having offered Himself a chaste Lamb without spot in obedience to the Father's word. Hear by faith the Voice of divine love: "I will never leave thee nor forsake thee.")

OUR FATHER.

1 Cry out and shout, thou inhabitant of Zion, for great is the Holy One of Israel in the midst of thee.—*Isa. 12:6.*

O SAVIOUR.

2 I found Him Whom my soul loveth; I held Him and would not let Him go.  
—*Cant. 3:4.*

O SAVIOUR.



- 3 In Thy Presence is the fulness of joy, and at Thy Right Hand there is pleasure for evermore.—*Ps. 16:12.*

O SAVIOUR.

- 4 The times of refreshing shall come from the Presence of the Lord.—*Acts 3:19.*

O SAVIOUR.

- 5 Wheresoever the Body is, thither will the eagles be gathered together.

—*St. Luke 17:37.*

O SAVIOUR.

- 6 They shall call His Name Emmanuel, which being interpreted is, God with us.

—*St. Matt. 1:23.*

O SAVIOUR.

- 7 The Lord hath chosen Sion to be an habitation for Himself; He hath longed for her.—*Ps. 132:14.*

O SAVIOUR.

- 8 My Presence shall go with thee, and I will give thee rest.—*Exod. 33:14.*

O SAVIOUR.



9 This shall be My rest forever; here will  
I dwell, for I have a delight therein.

—*Ps. 132:15.*

O SAVIOUR.

10 Lo, I am with you alway, even unto the  
end of the world.—*St. Matt. 28:20.*

O SAVIOUR.

GLORIA PATRI.